

2025 NCR Cyber Academy Packing List

These uniform requirements are the **MINIMUMS** (unless noted by "Optional"). All of your items **MUST** be marked with your last name in some way. Uniforms and undershirts will be marked on the shirttail. Underpants will be marked on the waistband. Uniform pants will be marked on the product label. **YOU WILL NOT HAVE AN OPPORTUNITY TO PURCHASE THESE ITEMS AT THE CYBER ACADEMY.** It is recommended that you arrive with your uniform pressed and cleaned. Place a checkmark next to each item as you prepare.

Many activities have a long list of contraband items. For this activity, the only things on that list are liquid shoe polish, knives, weapons, matches, lighters, tobacco, alcohol, drugs not on your medical forms along with anything else that is prohibited by regulation or you know you should not bring.

Quantity	Items	Notes	Quantity	Items	Notes
UNIFORM ITEMS -- REQUIRED (Optional items are listed as such)			HYGIENE ITEMS -- REQUIRED (Optional items are listed as such) YOU WILL BE REQUIRED TO USE THESE EVERY DAY!!!		
PTU			8	Underwear	DON'T FORGET THESE.
1	Black/Dark Blue Shorts	No shorter than 4 inches above the knee and suitable for sit-ups.	2-3	Bras – Females	
6 Pairs	White Athletic Socks		1	Toothbrush, toothpaste, mouthwash	
1	Gym, Tennis, or Running Shoes		1	Bath soap (in container)	
1	Athletic supporter – Males (Optional) Sports Bra – Females		1	Shampoo	
1	Compression shorts (Optional)	To be worn under gym/running shorts	1	Conditioner (Optional)	
1	Swimsuit - Conservative	We may have access to a pool	1	Beach Towel for swim time	
ABU			1	Comb/brush	
1	ABU Cap		1	White bath towel & washcloth	
2	Blouse with proper nametapes, CAP Tape, patches, etc.		1	Deodorant & hand sanitizer	
6	Sand Crew Neck T-shirt		1 pair	Shower Shoes	DON'T FORGET THIS.
1	ABU Belt	ABU: Standard Desert Tan belt. The best is a rigger-style belt with a hook and loop buckle.	1	Foot Care Kit	Blister care.
2	Trousers		1	Razor with shaving cream / Electric Razor	
8 pairs	Black Crew Socks		1	Female Hygiene Items	Females only.
1	Combat Boots	Make sure they are broken in.	1	Sunscreen (SPF 15 or higher)	
1	Trouser Blousers (Optional)	Any commercial option, or rubber bands.	1	Hair dryer and hair care products (Optional)	
Blues			1	Hairpins and hair ties that match hair color (Optional)	
1	Flight Cap	With flight cap insignia. NO SERVICE (Wheelhouse) HATS.	1	Makeup (Optional)	Females only. Must be conservative and within reasonable limits. Not excessive or extreme. See CAPR 39-1
2	Short Sleeve Blues Shirt		PERSONAL ITEMS -- REQUIRED (Optional items are listed as such)		
5	White V-neck	Make sure it doesn't show above your Blues shirt.	8-10	Clothes hangers	White/black plastic or metal.
1	Blues Belt	Web belt, dark blue with silver tip & silver buckle.	1	Mesh laundry bag & detergent for 2 loads	
1	Blues Pants/Slacks	Make sure they are long enough.	1	Flat ruler	
4 pairs	Black Dress Socks		1 pair	Twin size bed sheets	1 flat and 1 fitted for a twin sized bed; one solid color(preferably white)
1	Black Dress Shoes	Rounded toe and polished.	1	Light blanket	One solid color.
-	Female-Specific Items (Optional)	(Skirt, high heels, flats, etc.) Be aware that if you decide to bring these, they will make marching and walking around difficult.	1	Pillow	With case the same color as sheets.
1 pair	Shirt garters (Optional)	Authorized according to CAPR 39-1 §1. 2.3.4.	4	Pens & Pencils	2 of each. Keep this with your uniform.
	NO SERVICE COATS, LONG SLEEVE SHIRTS, TIES.		2	Notepad	Keep this with your uniform.
	1 pair khaki pants with black civilian belt		1	Flashlight	With two sets of batteries.
Uniform Accessories			All	Personal medication	Must be listed on your forms.
1 Pair	Grade Insignia (Phase 1 and 2).	Phase 3 & 4 cadets wear grade insignia per CAPR 39-1	1	Bug Repellant with DEET	
All	Ribbons/Badges	Bring all the ribbons and badges that you have earned.		Spending money (Optional)	√We will have opportunities to spend money
1	Ribbon rack	Make sure it fits all of your ribbons.	1	Iron (Optional)	
1	Shoe Shine Kit	Polish, brush, cloth, cotton balls, etc.	1	Spray starch (Optional)	
1	CAP ID	This is very important!	1	Rain Poncho (Clear)	
1	Hydration gear	Water bottle, water backpack, etc. DON'T FORGET THIS!	1	Sunglasses (Optional)	Only allowed if a documented medical prescription is presented.
2 pairs	Civilian clothes	No inappropriate messages.	1	Laptop. This is obviously important. Let Maj Rezac know ASAP if you can't bring one.	
You can secure uniform/equipment from the following locations: 1. Your home squadron 2. Commercial sources such as Vanguard Industries (http://www.vanguardmil.com/)			1	Collection of All Forms	

Anything not in accordance with CAPR 39-1 is strictly prohibited.

Prohibited items will be confiscated, locked up, and returned upon check-out.

DO NOT WAIT UNTIL THE WEEK BEFORE THE ACADEMY TO ENSURE THAT YOU HAVE THE NECESSARY ITEMS. PLAN AND ORDER EARLY! YOU WILL NOT HAVE THE OPPORTUNITY TO PURCHASE UNIFORM ITEMS