

**Maj Mary Albright**

**NCR-MN-021**

Anoka County Composite  
Squadron

Deputy Commander for Cadets

[mary.albright@gmail.com](mailto:mary.albright@gmail.com)



# Cadet Programs: Book of Secrets



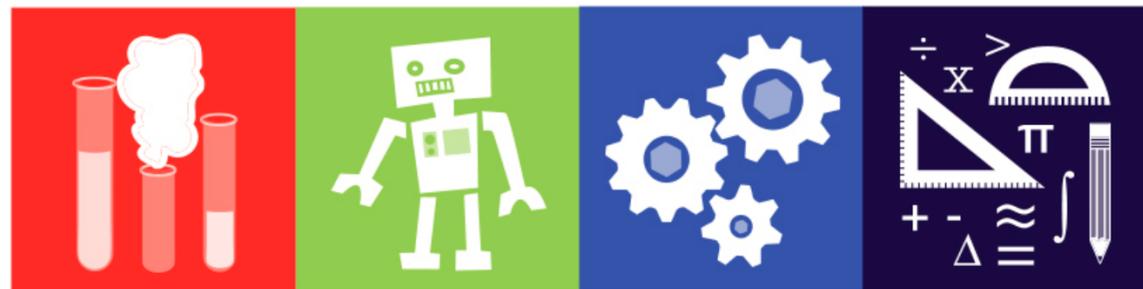
ASK





**S T E M**

science • technology • engineering • math



A blue sticky note is shown at an angle, with a piece of the top edge torn away, revealing a light green surface underneath. The text "SET BIG GOALS" is written in a bold, black, hand-drawn font across the center of the note.

**SET BIG GOALS**

Anoka Cadet Challenge:

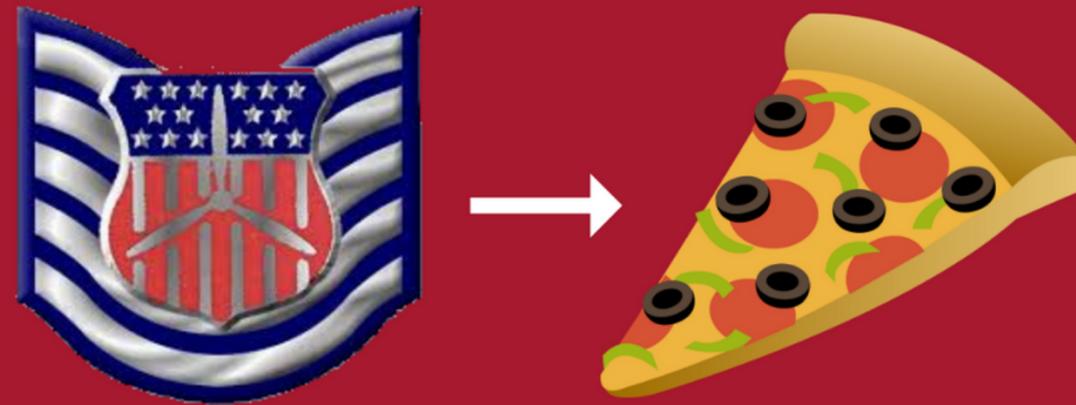
# Soak The Spaatz... And More!

July 1st - Aug 29th



*Mission: Possible  
Promotion  
Challenge*  
Apr 1-June 2

## Cadet Promotion Challenge Stripes for Slices



Jan 1-Mar 31  
50 Promotions

## Pie Promotion Challenge



June 1-July 29  
40 Cadet Promotions  
+ 5 New Cadets



# ANOKA BINGO

Find & write a Leadership quote	Look up your record in eServices	Share your promotion goal date to one person	Participate in Wingman Weds	Go for a walk or run
Iron your uniform	1-hr STEM activity	Read about Quality Cadet Unit Award	Review/update eServices contact info	Look up & practice guidon drill
Attend virtual Anoka Main Mtg	Practice any drill movement	Call any cadet	Safely help a friend, family, or neighbor	Take any online exam in eServices
Teach your family 1 thing about CAP	Read the Cadet Staff Handbook CAPP 60-31	Log physical activity in Strava	Attend virtual flight time	Make a paper airplane. Do a test flight.
Pick your dream NCSA	Do 30 min of physical exercise	Visit <a href="http://uscyberpatriot.org">uscyberpatriot.org</a>	Backyard astronomy: Find the North Star	Use M&Ms (or similar) to create a squadron formation



# PHOENIX GAMES

2020

ANOKA CADET CHALLENGE



Be predictable with the  
structure  
But innovative in the  
content



Anoka County Composite Squadron  
Meets Tuesdays 6:30-9pm  
Anoka-Blaine Airport  
Near 35W and 95th Ave

Prospective cadets ages 12-17  
and their families are always  
welcome.  
Visit our website: [anokacap.com](http://anokacap.com)



## Join CAP Info Night is Tues. Sept 10

Skip Virtual Reality. Do Life For Real.  
Experience The Adventure of Civil Air Patrol.



## Civil Air Patrol Cadet Programs

Don't think that a personal computer will be the closest you will ever come to flying an aircraft, being involved in search and rescue missions, or traveling around the world. In Civil Air Patrol's Cadet Program, youth and teens just like you are experiencing these things and a whole lot more...including CyberSecurity!

### Cadet Program Membership Offers Many Opportunities:

- StellarXplorers Space Challenge
- sUAS Search and Rescue
- CyberPatriot Competition
- Color Guard
- Radio Communications
- Model Rocketry
- Flight Training (powered and glider)
- Leadership Training
- Public Speaking
- First Aid & CPR
- Photography
- Astronomy
- Physical Fitness and Activities
- STEM activities and career exploration
- Scholarships
- International Exchange Program
- And more!

### Mentoring Opportunities for Adults, too:

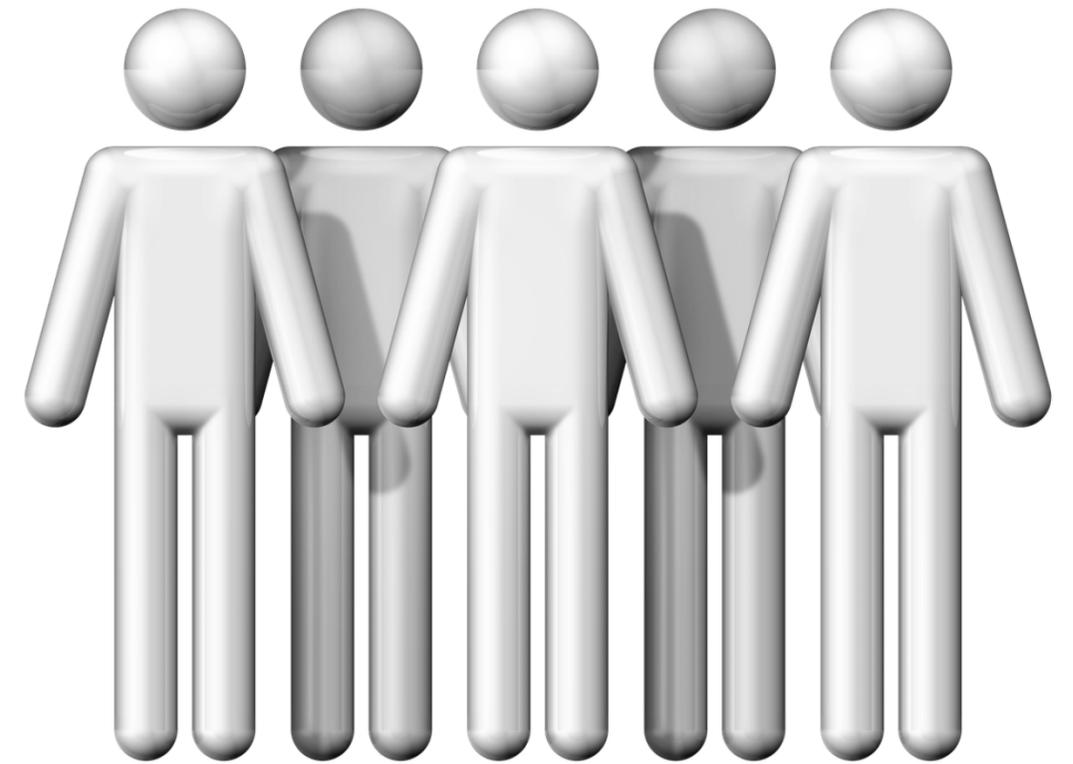
- Pilots
- Aerospace Education
- Air Crew Training
- Moral Leadership
- Emergency Services
- And more

### For more info contact:

Maj Mary Albright  
Deputy Commander for Cadets  
Phone: 763.634.1536  
Email: [cdc@anokacap.com](mailto:cdc@anokacap.com)









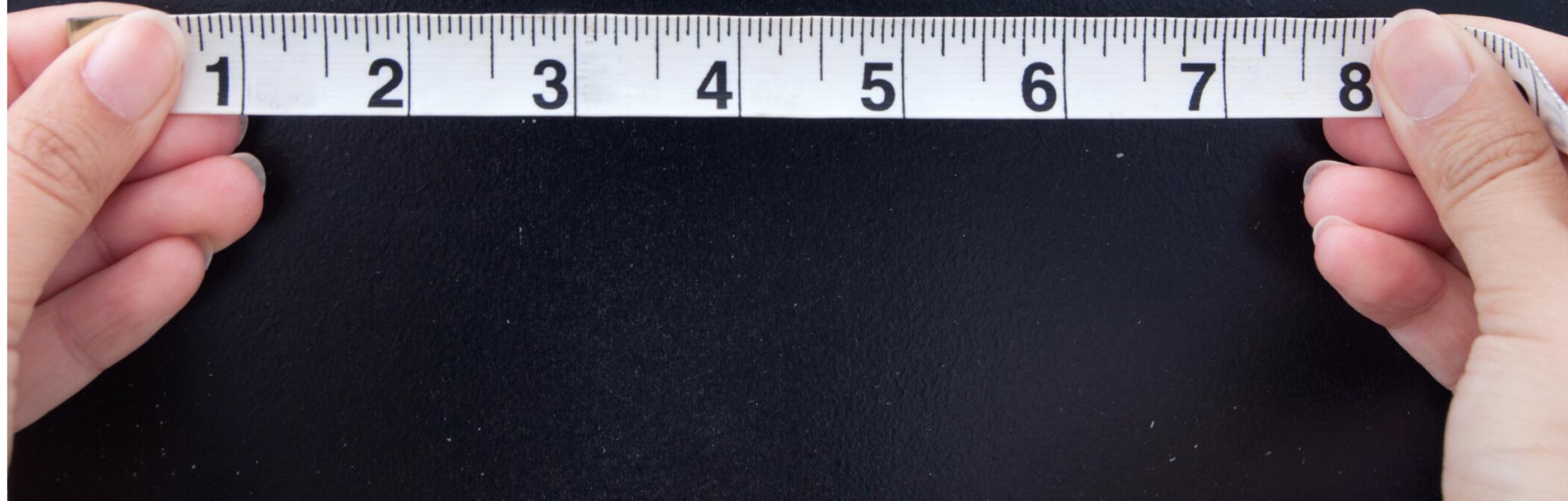
# Benevolent Dictatorship Concepts



Creative Staffing

Advanced Teams

EXPECTATIONS



## SELF ASSESSMENT

Are you asking cadets what they want to do?

Are you setting goals they can be on board with?

Is there a fun element?

Are you consistent in your scheduling? Predictable in structure but innovative in content.

Are you using guest speakers?

Are you communicating consistently?

Are you tracking your numbers & your people?

Are you extending trust and giving cadets the opportunity to lead?

Are you training cadets to be cadet staff?

Are you setting expectations and following through on them?